

ISSUE 4 | SPRING 2022

EAGLEHAWK

Info That Matters

MAGAZINE

INCORPORATING THE 3556 DIRECTORY
SUPPORTING LOCAL BUSINESS.



ECH Café
Now Open

Volunteer
Opportunities

Community
Garden

What's On At
ECH & KFCH

Tracey Meets
The Governor



Business
Excellence
Awards

BE.BENDIGO

Bendigo Bank

2022
WINNER

Not for profit –
Community Impact

Presented by Spotless



Long Gully
Neighbourhood Centre



THANKYOU TO OUR NEW CONTRIBUTORS

A COMMUNITY MAGAZINE SHARING THE IMPORTANT SERVICES AND
SUPPORT AVAILABLE IN EAGLEHAWK AND CENTRAL VICTORIA.

AN EAGLEHAWK COMMUNITY HOUSE INITIATIVE.

19 Bright Street, Eaglehawk 3556



Eaglehawk Community House



Neighbourhood Houses
The heart of our community

magazine@eaglehawkcommunityhouse.com

Eaglehawk Community House

PRESENTS

Cafe 19 Bright Street Coffee



Catering Available

Book Now for your Special Event

Coffee

Dine in or take
away

Tea

Hot
Chocolate

Cake

Made in
House

Wraps

Fresh
Sandwiches

WEDNESDAY | THURSDAY | FRIDAY | 9:00am – 1:30pm

19 Bright Street Eaglehawk | 5446 8322

Community Enterprise

Barista, hospitality & retail training coming soon



Bright Street
Community
Garage
SALE

Saturday, November 12th 2022

8am – 1pm

Handmade Products, Second-hand Goods & Breakfast Available from 8am at

Eaglehawk Community House, 19 Bright Street Eaglehawk

Egg & Bacon Breaky, Coffee, Tea, Milkshakes, Cold Drinks, Devonshire Tea

Sausage Sizzle - from 10am

Snag a pre-loved bargain or book a stall and turn your stash into cash!

Call us to book a site on the Eaglehawk Community House Grounds.

\$15.00 (bring your own table)



Phone us today #5446 8322



Eaglehawk Community House is also accepting good quality donations to raise much needed funds that help us assist our community.

Eaglehawk Community House Community Group Room Hire



Casual Hire

Conference Room (front room)

Hire Charges (GST inclusive)

- Per hour = \$35
- Four hours = \$120
- Full day (4 to 8 hrs) = *\$220

*If regular hire, i.e., more than four or more concurrent hires, the full day hire is \$200 per day or by negotiation with Centre Management

Community Room (aside kitchen, this room had limited availability during business hours)

Hire Charges (GST inclusive)

- Per hour = \$30
- Four hours = \$100
- Full day (4 to 8 hrs) = *\$180

*If regular hire, i.e., more than four or more concurrent hires, the full day hire is \$150 per day or by negotiation with Centre Management.

Kitchen

Hire Charges (GST inclusive)

- First hour \$20, then \$5 per hour thereafter

*It is expected that the kitchen will be left the way it was found.

Phone Eaglehawk Community House today on 5446 8322

19 Bright Street, Eaglehawk 3556

Teaching mature people how to stay in their OWN home for longer –what a wonderful idea.!

I lost my parents when I was in my late teens and, at times growing up, thought I would not have to worry about my loved ones as they grew older. But that has certainly not been the case. I actually feel it worse I think, seeing those I love around me, my friends and other family members, going through this uncertain and emotional time and helping their loved one/s transition into aged care facilities and the heartache.

When I met Ruth, my first thoughts were, “Wow, what a powerhouse”.

Ruth has shown me that by connecting with people in their 50’s, their parents and loved ones certainly CAN remain in their own home for longer. Ruth has a very special and simple process to guide us to understand and ensure we are connected with all the right resources providing confidence and maximum support as our loved one’s reach their senior years.

You can contact Ruth on 0434 466 381 or ruthbillhosking@gmail.com
or through the Eaglehawk Community House on 54 46 8322
and the Kangaroo Flat Community House on 54 47 9687
for an appointment.





From left – Tracey from Centre Manager Eaglehawk & Kangaroo Flat Community Houses, Governor Linda Dessau and Jenny from Bendigo Family Financial Services

Tracey Meets The Governor

In early May, Centre Manager of the Eaglehawk & Kangaroo Flat Community Houses, Tracey Moss was invited by the Governor of Victoria The Honourable Linda Dessau AC to visit Government House in Melbourne to help celebrate Foodbank Victoria's 90th Anniversary and acknowledge they have stood by vulnerable Victorians, facilitating healthy food for all with dignity and respect.

Tracey's invitation was presented in recognition of her work addressing food insecurity in our region and acknowledges the partnership between Foodbank Victoria and the Eaglehawk Community House. This partnership has now progressed to include the Kangaroo Flat Community House. Jenny from Bendigo Family Financial Services also attended the celebration with Tracey. They are another local frontline Agency delivering great work.

Tracey says, "It is heartbreaking to understand that people in this modern era are going without food". Foodbank Victoria states that in 2021, one in six Australian adults did not have enough to eat.

Food insecurity doesn't just target the homeless or disadvantaged nor is there only one reason why people experience food insecurity. Food recipients are every day people who have simply fallen on hard times. Many are hard working people, most with families, farming communities hit by drought or other disasters, students who have relocated and trying to make ends meet. At Eaglehawk we are seeing a rise again this year in people needing our assistance many due to the hardship of current rising living costs such as homelessness, mortgages/rents, groceries, fuel, utilities, etc.

Neighbourhood & Community Houses have a very unique way of working with the people who seek our support. It's about welfare checks, connecting in a time of need, assisting through care and conversation, building relationships and ensuring people understand they are not alone.

We call it a ‘hand up’ – not a ‘hand out’.

For the majority of people, seeking support is not ongoing. Very few faces do we see over and over and most often it's simply providing assistance to ease the pressure on someone's situation to allow them time to breath. But it is also important we have limits, to refer and connect people with major organizations who can provide a higher level of support. Bendigo Family Financial Services visit both the Kangaroo Flat Community House and the Eaglehawk Community House once every month and are available for appointments locally.

And in these ways, we hope to minimize those that fall through the cracks.

We can't assume people know where to go for support, especially food relief.

Sometimes people just don't know where to go simply because it's something they have not faced in life before. As Agencies, we need to get louder with our messages and we are working closely with our peak body Neighbourhood Houses Victoria, Government and local Council for increased awareness and support, particularly funding for equipment, storage facilities and ongoing costs. We can't afford to lose our Agencies on the frontline due to a lack of the essential supports we need to continue.

We also need to work on changing the views and understanding around food insecurity. Often it's the stigma that prevents someone from reaching out and seeking assistance. People feel there is someone worse off than them, that if they pay this next bill, they will be through the worst of it; that if they are successful with their latest job application submitted, things will be fine.

But, It's not just about handing out food and the support can't simply end there.

We have a responsibility to empower people, to share our knowledge and skills aiming for individuals to make appropriate food choices to improve their health and wellbeing.

Some people have never cooked a meal in their life and suddenly find themselves on their own. Others have no family, no friends or support networks around them. Many people need to learn what foods to seek or purchase and how to prepare it for eating.

At Eaglehawk, we are seeing a rise in the number of people connecting to volunteer. And the reason for this is because they have received assistance from us in the past and this is their way of giving back. But they also know that through their commitment they are in-turn assisting others that are in need of support, just like they may have been in the past.

At the Kangaroo Flat Community House we are also proactive in addressing the food insecurity within our Community. From mid June, fresh fruit and vegetables will be available weekly. We currently have beautiful warm coats, blankets and doonas and at times, we have some grocery supplies available. We have been busy in current months building our volunteer team to ensure our Food program is sustainable with capable assistance and fundraising planned to support the costs associated initially. Please keep an eye on our Facebook page for more details. <https://www.facebook.com/kangarooflatcommunityhouse/> or phone **5447 9687**.

The Eaglehawk Community House is open Monday to Friday from 9am – 2pm or call **5446 8322** for enquiries.

Our Community Gardens Are Back

There's much excitement at the Eaglehawk & Kangaroo Flat Community House's as we begin to see signs of our beautiful gardens returning.

Our very talented gardener Rachel has been busy planting lots of delicious fruit trees such as apples, pears, apricots, cherries and raspberry bushes, along with broad beans and garlic just starting to shoot.

We're sure to see an abundance of produce in no time at all.

As we continue to redesign and develop our existing green-life spaces to include manageable pathways ensuring anyone with mobility concerns can move about safety with comfort and ease.

In the coming weeks we're expanding with new garden beds and plans are underway for edible gardens and spacious welcoming areas for our community members to come and enjoy the company of others, to join in for a BBQ, grab a cuppa and relax.

We have an abundance of seeds to plant in the Spring.

**We welcome new volunteers to join in.
Please phone ECH on 5446 8322
or KFCH on 5447 9687
and request a volunteer registration form.**

And we do have a number of garden beds for you to hire to grow your own produce for home.

Rachel is also super busy planning fun workshops and for those keen to learn about everything composting, regular and hot, Rachel loves catching up with community members to chat and share information about sustainable, healthy, lifestyle choices.

Rachel also has a passion caring for our native flora and fauna.

Everyone is very welcome to join us at the Eaglehawk or Kangaroo Flat Community House's to enjoy our lovely gardens spaces and surrounds.



The Eaglehawk Community House is a House for our Community.

Laughter is Compulsory

Make new friends

Help your Community

Stay busy

Fun Activities

Learn new & share Skills

Improve your health and wellbeing

Community Pride

Social Connections

Open 9am – 3pm
weekdays

Volunteer opportunities
available

Community Café OPEN

Community Lunch
every Tuesday

Art Classes

Claim your Power Saving Bonus

Tai Chi

Barista Training

Craft Activities

Gardening groups

General Duties &
Maintenance

Help us with our
Eaglehawk Magazine
Food/Hamper programs

Come and meet Popcorn and Oscar
(our furry friends)... And so much more..

There is something for you.



Eaglehawk
Community House Inc

Learning Information Friendship Empowerment

19 Bright Street, Eaglehawk 3556

☎ (03) 5446 8322

Monday – Friday 9.00am – 3.00pm

✉ admin@eaglehawkcommunityhouse.com

🌐 www.eaglehawkcommunityhouse.com

📘 www.facebook.com/eaglehawkcommunityhouseinc



Theodore's fight with Undifferentiated Sarcoma

<https://gofund.me/3d41a54f>

On the 23rd of June Theodore, was diagnosed with a type of extremely rare cancer called Undifferentiated Sarcoma. Theodore's parents have both had to stop working to care for Theodore, traveling back and forth to Melbourne for much needed chemotherapy treatment. Please support and share Theodore's GoFundMe page, even a small donation will help his family reach their fundraising goal. Go to <https://gofund.me/3d41a54f> to donate.



Deaf Hub Bendigo now call Eaglehawk home. Having taken over management of the Senior Citizens Hall in Darling Street, they've been busy making improvements by adding IT and filming facilities, kitchen facilities and new amenities.

Deaf Hub Bendigo is a not-for-profit Deaf-lead community based organisation established in 2019, dedicated to education and reducing barriers. The organisation was previously based at Pepper Green Farm and has since grown to 80 plus members.

The Hub supports individuals and community to develop self-empowerment, reduce isolation and build community resilience by breaking down barriers. While making it their mission to create awareness across the Loddon Mallee and Regional Victorian hearing communities.

The Hub delivers workshops and information sessions in all aspects of life, education, health, community interest, art and individual skill building for deaf, hard of hearing, deafblind and CODA communities. As well as helping participants with technology updates for equipment.

Elise Stewart the CEO and founder of the Deaf Hub Bendigo and her team are changing lives for regional families who would otherwise have to travel to Melbourne to access the supports they need, and at times, this support can be very limited. The Deaf Hub provides programs and training that are peer lead, delivered by people who are deaf or H.O.H, deafblind and people with disabilities.

It gives children someone like them that they can look up to and a cultural sense of belonging. Mentorship and role modelling program's increase skills and confidence and its empowering participants to dream big and realise they can achieve amazing things.

"It's led by people who are locals and understand the struggles of living regionally. Being able to access supports without having to travel 2 ½ hours means that we can continue to live close to our family and provide the country life that we want for our children."

With local programs and events such as Deaf Awareness Training, fortnightly Community Dinners, Coffee Catch up and Camp's the hub is working hard to bridge gaps for families in their community.

"Ellie was a godsend. We've had meetings at Lily's school with the teachers and students about general deaf awareness and how to provide for Lily. Ellie has a real passion for helping the deaf community. I can't even imagine how we got on before being introduced to Ellie and the Deaf Hub community."

Lightning Reef Early Learning Centre first met with the Deaf Hub in 2019. They were able to apply for a grant to access training and coaching for educators and children across the service to support communication.

Elise met with centre management and educators to discuss their needs and goals and what options the Hub could provide. Their goal was to build educators understanding of the deaf community and learn how to communicate using Auslan.

“Our journey with Deaf Hub has taught us a lot about inclusion and the changes we can make to support those in our community. Our journey has been a positive one with new skills learnt and new connections made.”

Thanks to Ellie and the team these types of programs are now readily available in Bendigo for community groups, schools and organisations and from time to time the team welcomes new volunteers to assist with activities, events and camps. Activities are run in Bendigo and throughout Northern Regional Victoria.

Volunteers will be provided with a free six-week training program in basic Auslan to help ensure your success before assisting with any activities or programs. If you would like to know more about what they do or get involved, you can find them on Facebook or email the Hub at info@deafhubbendigo.org.au.



Volunteering supports our mental health and well-being.

Bendigo Volunteer Resource Centre builds vibrant resourceful communities by facilitating, promoting, supporting, connecting and celebrating volunteering across Greater Bendigo.

‘Volunteering creates social connections, improves our self-confidence and give us a sense of belonging’. Helen Yorston, BVRC Manager, ‘It enables us to share our time, skills and energy with others, build friendship have fun and make our community a better place.’

BVRC provides information and support to encourage individuals to make informed choices about strengthening their community connections, inspiring everyone to share their talents to build a resilient community.

As we adapt to our new way of life, the BVRC team are available to chat with over the phone or drop into the Volunteer Hub in the Bendigo Library and see how you can make a difference to your life and the lives of others.

The Volunteer Hub assist community groups and clubs with the call out for volunteers.

The Volunteer Hub is open Monday, Wednesday and Thursday 10am – 3pm. Give us a call 5441 1404 or google Bendigo volunteers for more information .



Eaglehawk Community House Volunteer Opportunities

Volunteering brings a sense of belonging and achievement to peoples lives, and the Eaglehawk Community House relies on the amazing work of their volunteer team to carry out various roles on a daily basis.

Food Prep & Kitchen Helpers

Anyone who enjoys time in the kitchen will love this role. Required on Thursday or Friday.

Gardeners

Help keep the ECH community garden beautiful.

Magazine Team Members

This role includes article writing, assisting with layout and photos.

Magazine Distribution

Delivery to letterbox/fence only and businesses.

If you have some spare time and an interest in volunteering, contact Mel by email
admin@eaglehawkcommunityhouse.com
to find out more!



Address:
19 Bright Street
Eaglehawk

Phone:
5446 8322



COMMUNITY LUNCH

Every Tuesday at 12 Noon

Eaglehawk Community House
19 Bright Street
Eaglehawk
Bookings Required
Phone: 03 5446 8322



Starting Term 4



TAI CHI

WEDNESDAY'S
FROM 7PM
COST: \$10 EACH WEEK

Eaglehawk Community House
19 Bright Street
Eaglehawk
Bookings Required
Phone: 03 5446 8322

5446 8322

Pantry Bingo

Tuesdays 1:00pm

Donations Of
Pantry Items

Much Appreciated

Eaglehawk Community House
19 Bright Street, Eaglehawk

Y Kinders *Inspired early education*

Eaglehawk Preschool

• 3 and 4 year old programs • 15 hours of subsidised kinder weekly

Book
a tour
today!

2023 enrolments still open. Enrol via Impa.org.au
For more information see ykinders.org.au

Eaglehawk Preschool
at: 15 Bright Street Eaglehawk p: (03) 4311 1597 e: eaglehawk@ykinders.org.au

The Y Ballarat is independently endorsed by the
Australian ChildBased Foundation to ensure our
services are safe for all children and young people.



Wednesday's 1-2pm

Free

Meditation & Self Knowledge with Will

Learn in a practical way how to meditate and be more self aware

19 Bright St, Eaglehawk
Bookings required Ph 5446 8322



Eaglehawk Community House

Art

Every Wednesday
From 10am
Cost: \$5 Each Week

Eaglehawk Community House
19 Bright Street
Eaglehawk
Bookings Required
Phone: 03 5446 8322



NEANGAR
KINDERGARTEN
California Gully



FREE Kindergarten
for 3 & 4 Year Olds
in 2023 Enrolments
NOW OPEN



STAR CINEMA.

- Address: Town Hall, Peg Leg Rd,
Eaglehawk VIC 3556
Phone: (03) 5446 2025

THE CHAMBERS WINE BAR.

Open every Friday night from 5pm till late
in the old Eaglehawk council chambers,
upstairs at Star Cinema (stair access only).
Phone: (03) 5446 2526

TRASH CULT.

Address: 15 High St, Eaglehawk VIC 3556
Phone: 0439 334 122

Enjoy an evening in Eaglehawk and show that you truly love your local.

Don't feel like traveling far for your next outing, well there's really no need. We've put together some ideas for your next night out in Eaglehawk. Why not start at Lake Neangar, where you can see the perfect sunset with a mirror image view of the golden red hues shimmering in the water. Arrive before sunset and take some time for a relaxing nature walk around Lake Tom Thumb before settling in to see the sun go down on the upper lake. The path around the lake is lit at night and provides some stunning views for the intrepid explorer.

After taking in the sunset and recharging your battery meander through the Canterbury Gardens, boasting 35 acres of striking historic parklands and gardens, then head across to catch a movie at Eaglehawk's own boutique cinema. Star Cinema has been voted one of the most beautiful cinemas in Australia and it's easy to see why. Set inside the stunning architecture of the grand old Eaglehawk Town Hall the unique Star Cinema has plush couches and a licensed bar serving local beers, wines and snacks with an amazing programme of current and classic films on offer.

If you consider yourself a bit of a foodie then you'll want to know more about one of Eaglehawk's best kept secrets, of course you'll need to keep this one to yourself!

Chambers Wine Bar is perfect for after work drinks or that pre-movie catch up. Open every Friday night from 5pm to 8pm, located in the old Eaglehawk council chambers, right upstairs from the Star Cinema. If you want to find Chambers, you'll have to look for the "secret" entrance. Boasting an extensive cocktail and drinks list, outstanding food and excellent service you will be glad you uncovered this hidden gem. Places are limited so get in early.

Bring your camera or take some snaps on your phone. You're sure to get some Instagram ready photos of Eaglehawk's finest heritage building or the stunning back drop of the spacious Canterbury Gardens and beautiful lakes.

If Pop Culture's more your thing, don't worry we have you covered. Wander up High Street a few hundred meters from the Town Hall and check out the Trash Cult Store. Visit by day and you'll find an unassuming record, film and bookstore. Visit by night and you'll unravel Eaglehawk's very own underground, unconventional music scene, hosting acts you would normally have to travel far and wide to find.

What's on at Eaglehawk Community House.

Café 19Brightstreet: Open Wednesday, Thursday and Friday > 9:00am - 1.30pm.
Catering Available for Special Occasions. BOOKINGS ESSENTIAL.

Community Meal: Tuesdays from 12.00pm. Gold coin donation. Everyone welcome, please RSVP.

Pantry Bingo: Tuesdays from 1:00pm. Donation of food or pantry item much appreciated.
Lots of Fun... Everyone Welcome.

Art Group: Every Wednesday from 11.00am Cost \$5.00 per week. BOOK NOW.

Meditation & Self Knowledge: Learn in a practical way how to meditate and be more self-aware. Free > BOOKINGS ESSENTIAL. Wednesdays > 1:00pm - 2:00pm.

Fresh Fruit & Veggies: Fridays 10.30am-2.00pm. Available for a gold coin donation.

Community Food Pantry: Food Assistance available daily > Please phone Eaglehawk Community House. 9:00am - 2:30pm

Power Saving Bonus: We can help you to apply for the State Government's \$250.00 Power Saving Bonus. Please call to book.

Bendigo Family & Financial Services: FREE confidential support when you need it most. BOOK NOW. **Phone: 5446 8322**

Safe Seats Safe Kids: Car Restraint Checks. More Session Dates **Coming Soon**.
FREE - BOOKINGS ESSENTIAL. safeseatssafekids.com.au/venues

Phone Eaglehawk Community House today.

5446 8322

19 Bright Street, Eaglehawk 3556





SERVICES

- SWIMMING POOLS
- STEAM ROOM
- HEALTH CLUB
- SWIMMING LESSONS
- SPA
- GROUP FITNESS
- HEALTH ASSESSMENTS
- FITNESS PROGRAMMING
- AQUA AEROBICS
- STADIUM SPORT
- SQUASH
- BODY WELLNESS SCANS
- PERSONAL TRAINING
- & MORE!



WHY NOT VISIT TODAY?

Call: 5446 9222

Email: pklc.ymca@ymca.org.au



Everyone is welcome!

By Kerry Parry, Coordinator

Long Gully Neighbourhood Centre is at 52-54 Derwent Drive, Long Gully and is open Monday-Thursday 9am-3pm and Fridays 9.30am-12 noon. We have a range of programs and activities on offer – you can find out more about them on our Facebook page <https://www.facebook.com/lgncorg> or our website: <https://www.lgnc.org.au/>

We publish a fortnightly Newsletter called “New Beginnings” – you can join our email list by emailing projects@lgnc.org.au The Newsletter is also available in hard copy at Long Gully Post Office or at LGNC, alternatively you can download it from our website. We also welcome contributions from local groups/individuals to help “get the word out” about all the good things happening in our region.

Our Long Gully Community Garden in Energetic Street, Long Gully is on an acre of ground backing onto the Victoria Hill Reserve. It is a wonderful space and some garden beds are available for a small yearly fee to hire. Our Community Garden Facilitator is generally available at the garden on Mondays and Thursdays. He can be contacted via email: garden@lgnc.org.au

Like everyone, the past couple of years have taken a bit of navigating as we try to balance staying safe with engaging with others. Our Chatty Café meets each Tuesday morning at 10am for a cuppa and chat and we are fortunate to have a number of interesting guest speakers who share with us from time-to-time. Information about upcoming speakers is available in our Newsletter and on the Facebook page. There is a Walking Group that also meets on Tuesday mornings at 10am and they walk part of the Long Gully Trail, we’re hoping as the weather warms up we’ll have a few more enthusiastic walkers!



We also have Chair Yoga, Yoga, Card Making, Books with Bite (book club) and a variety of other activities available.

Term 4

We have a few new activities starting up:

- We are fortunate to have Trevor Heinzl volunteering with us to provide some structured **Computer Classes** as well as sessions for troubleshooting/learning about computer or phone questions. The sessions will commence on Wednesday, 5th October from 10am-12 noon. If you'd like to book in, please phone LGNC on 5442 1165 or email projects@lgnc.org.au
- Do you like to sing (you don't necessarily have to be in tune, but just enjoy singing)? With Christmas not far away, we thought it would be fun to get together once a month on a Tuesday night to sing a few Christmas carols with a view to singing at the Long Gully Christmas Celebration to be held at St Matthew's in partnership with Long Gully Neighbourhood Centre on 21st December.

The first **Gully Community Singing Group** will be held on Tuesday, 11th October at 7pm here at LGNC. Please let us know if you'd like to come along (you can register your interest by phoning 5442 1165 or emailing projects@lgnc.org.au).

- **Reverse Christmas presents**

A new innovation is starting in October/November. Do you have any brand new gifts you've received and have "shoved" at the back of the cupboard? This year we'd like to support those who are finding it difficult to afford Christmas shopping but still want to give to family and friends.

From **17th-28th October** LGNC will be accepting donations of **brand new** (preferably still in original packaging/box) items to set up our own "Reverse Christmas present" exchange.

The idea is people can donate items they have no use for and then from Monday-Thursday, 10am-2pm from **7th-17th November** you can come and exchange a gift for a gift or take up to 3 items for a gold coin donation. Our friendly volunteers can help explain the process if it seems too complicated! We look forward to welcoming you and saving items from landfill!

- On 30th November there is a Gingerbread house making workshop during the morning, on 7th December we'll have an after-school workshop for children and parents/guardians to decorate the Gingerbread houses together.



We'd love to chat to you about what's on offer as well as explore opportunities for volunteering at the Centre or the Garden.

Email: coordinator@lgnc.org.au or phone 5442 1165

What's on at Kangaroo Flat Community House.

TUESDAY'S

MEDITATION & SELF KNOWLEDGE (10:00am - 11:00am)

Learn in a practical way how to meditate and be more self aware

Learn to Oil Paint with PATRICK VERDON (12:30pm - 2:30pm)

For beginners to intermediate \$8.00 per session.

WEDNESDAY'S

Tai Chi with Shiralee (7:00PM - 8:00PM)

\$10.00 per session.

THURSDAY'S

ART GROUP (10:00am - 12:00pm)

Come and be creative and socialise at the same time.

FRESH FRUIT & VEGETABLES (11am-12.30pm)

BYO Bags / **Gold Coin Donation**

COMMUNITY BBQ LUNCH (11:30am - 1:00pm)

Everyone Welcome / **Gold Coin Donation**

SAFE SEATS SAFE KIDS FREE Car Restraint Checks

(2nd Thursday of Month / 12:00pm - 2:00pm)

More Session Dates Coming Soon.

BOOKINGS ESSENTIAL

safeseatssafekids.com.au/venues

We Require a VOLUNTEER to assist with administration - 6 Hours P/W

Please Contact Us Today - 5447 9687



21 Woolcock Ave, Kangaroo Flat

Tuesday - Thursday

9:30am - 3:00pm

P: 5447 9687

E: receptionkfch@gmail.com

**We can help
you apply for the
State Government's**

\$ 250

Power Saving Bonus



.....
**Please call us on
5446 8322 to book**



**Kangaroo Flat
Community House**



Good Shepherd
Australia New Zealand

Funded by:



Committee Members Needed

**Do you have ideas on what our community needs or a vision of how we can grow.
Your local knowledge and experience will be highly valued.**

Secretary:

Our Secretary helps with meeting schedules including our Annual General Meeting, assists the President and Centre Manager to ensure good governance.

Treasurer:

Do you have a background in finance or accounting? The Treasurer's role plays a vital part of overseeing our financial position and sustainability.

Social Media & Fundraising Officer:

We are seeking a keen, creative person to assist with regular social media and promotion. Along with social activities and fundraising.

Please contact Centre Manager Tracey on 5447 9687



**Kangaroo Flat
Community House**



We want to add your business, sport or support organizations to our growing directory listing. Email us today for inclusion into the next edition.

magazine@eaglehawkcommunityhouse.com

Food & Drink

Café19brightstreet

Eaglehawk Community House
19 Bright Street, Eaglehawk
Phone: 5446 8322

Borough Coffee Crema

43 High Street, Eaglehawk
Phone: 5446 2874

Cal Gully Fish Shop

309 Eaglehawk Road, California Gully
Phone: 5446 3849

Casa Diverso Café & Restaurant

48 High Street, Eaglehawk
Phone: 5446 1111

Eaglehawk Bakery

80 High Street, Eaglehawk
Phone: 5446 9067

Eliades Fish & Chips

18 High Street, Eaglehawk
Phone: 5446 3649

It's Your Pizza

53 High Street, Eaglehawk
Phone: 5446 3899

KFC

96-98 High Street, Eaglehawk
Phone: 5446 9736

Lucky Yeoh Chinese Take Away

51 High Street, Eaglehawk
Phone: 5446 3333

McDonalds (California Gully)

2 Stafford Street, California Gully
Phone: 5446 2424

Peppermill Pantry

3/89 High Street, Eaglehawk
Phone: 5446 2900

Sandhurst Road Milkbar & Take Away

28 Sandhurst Rd, Bendigo
Phone: 5446 8712

Seashells Fish & Chips

55 High Street, Eaglehawk
Phone: 5446 3388

Subway

39a High Street, Eaglehawk
Phone: 5446 8334

The Allies Hotel

181 Loddon Valley Hwy, Myers Flat
Phone: 5446 8291



The Borough Club

2/4 High Street, Eaglehawk
Phone: 5446 1000

The Borough Fish Shop

39 High Street, Eaglehawk
Phone: 5446 8945

The Camp Hotel

35 High Street, Eaglehawk
Phone: 5446 8888

Whitehorse Hotel

305 Eaglehawk Rd, California Gully
Phone: 5446 3864

Retail

Aldi

4-8 Peg Leg Road, Eaglehawk
Phone: 13 25 34

ASQ Garden & Landscape

187 Upper California Gully Rd
California Gully
Phone: 5446 1739

Cal Gully Quality Meats

317 Eaglehawk Road, California Gully
Phone: 5446 8227

Cal Gully Post Office

313 Eaglehawk Road, California Gully
Phone: 5446 8238
Monday to Friday 8:30am - 5:30pm
Saturday: 9:00am - 11:00am

Eaglehawk Floral Boutique

32-34 High Street, Eaglehawk
Phone: 5446 9696
Monday - Friday 8:30am to 5:30pm
Saturday 8:30am to 12:30pm

Eaglehawk Newpaper & Tatts

27-29 High Street, Eaglehawk
Phone: 5446 8202

Eaglehawk Post Office

90 Victoria Street, Eaglehawk
Phone: 5446 8305
Monday to Friday 9:00am - 5:00pm
Saturday 9:00am - 12:30pm

Fairleys Super IGA

93 Victoria Street, Eaglehawk
Phone: 5446 9755
Proudly Serving Eaglehawk

Fitzpatricks Home Hardware

320 Eaglehawk Road, California Gully
Phone: 5430 1000

Grant Rule Fashion

38 High Street, Eaglehawk
Phone : 54 46 8206
Mens & Ladies Fashion

Hartley's Hunting & Tackle

8 Stafford Street, California Gully
Phone: 5443 5669
Outdoor & Hunting Gear



Majors Eaglehawk Sports

25 High Street, Eaglehawk
Phone: 5446 8263
Bikes, Footwear & Fashion

Meat Matters

74 High Street, Eaglehawk
Phone: 5446 2599
Quality Meat

Rotary Bookshop

30 High Street, Eaglehawk
Phone: 5446 8026
Saturday 10:00am to 12 Noon.

St Vincent De Paul

Op-Shop & Bargains
23 High Street, Eaglehawk
Phone: 5446 9333

Assistance Centre
82 High Street, Eaglehawk
Phone: 5446 1050

William Farmer Funeral Directors

12 Victoria Street, Eaglehawk
Phone: 5446 7660

Industrial, Trade & Services

Bendigo Mobility Services

Mobility Repair & Maintenance
3/89 Victoria Street, Eaglehawk
Phone: 5446 2012

Caprine Capers & Stentwood

Top Quality Milking Goats & Angoras
185 Booth Road, Woodvale
Phone: 5446 9929

Dunstone Bros Plumbing & Roofing

Hot Water, Solar, Gas & Drainage
179 Allies Road, Maiden Gully
Phone: 5446 1535

Eaglehawk Hire

General Hire
92-94 Wood Street, Eaglehawk
Phone: 5446 7877

Eaglehawk Recycle Shop

189 Upper Gully Road, Eaglehawk
Phone: 5446 3467

Eaglehawk Recovery Yard

123 Upper Gully Road, Eaglehawk
Phone: 5446 3649

H & V Pearce

Engine Reconditioning & Parts
80 Wood Street, California Gully
Phone: 5446 9000

Joyce Industries

Rubbish Removal
7 Whitfield Court, California Gully
Phone: 0409 423 891

Majors Trailers

Trailer Build & Sales
17 Victoria Street, Eaglehawk
Phone: 5446 1629

Natrad Eaglehawk

Radiator & Auto Care Specialists
220 Upper Gully Road, Eaglehawk
Phone: 5446 7385



R & J Moss Auto Electrics

Automotive Electricians
315 Eaglehawk Road, Eaglehawk
Phone: 5446 7244

Rosiland Carpets

The Floor Covering Experts
2 Sailors Gully Road, Eaglehawk
Phone: 5446 8160

Scott's (Bendigo)

Metal Fabrication
19 Victoria Street, Eaglehawk
Phone: 5446 8498

Skips Skate Shop

1/8 Sailors Gully Road, Eaglehawk
Phone: 5446 9432

Tim Miller Electrical

Installation & Maintenance
26 Curtain Street, Eaglehawk
Phone: 0427 508 490

Tucks Windows

Windows & Wardrobes
42 Sandhurst Road, Eaglehawk
Phone: 5446 8855

Business & Services

Commonwealth Bank

11 High Street, Eaglehawk
Phone: 5446 7200

Consultum Financial Advisors

61 High Street, Eaglehawk
Phone: 5446 3809

Hi Tech ICT

Business Comm Solutions
1 Somerville Street, Bendigo
Phone: 5440 5555
Authorized Telstra Dealer

Flack Advisory

Financial Planners
47 Napier Street, Eaglehawk
Phone: 5446 3463

J&K Law

76 High Street, Eaglehawk 3556
PO BOX 32, Eaglehawk 3556
Phone: 03 5446 2353
Fax: 03 5446 7639
Mobile: 0417 783 989
jandklaw.com.au

Philip J Eddy & Partners

Certified Practicing Accountants
61 High Street, Eaglehawk
Phone: 5446 9855

Select Property Group

Your Local Real Estate Agency
19 High Street, Eaglehawk
Phone: 5446 8524

Vision Broking Group

Investments Loans & Finance
2/57 High St, Eaglehawk
Phone: 0408 470 088

Workspace Australia

Industrial & Office Space
118 King Street, Bendigo
Phone: 5444 5228



Health & Well Being

Bendigo Community Health Services

3 Seymoure Street, Eaglehawk
Phone: 5434 4300

Bendigo Eyeworks

Competitive Eye Care
Shop 5 Canterbury Walk
17 High Street, Eaglehawk
Phone: 5446 7780

Deep Mindfulness Yoga

1 Mathrick St California Gully 3556
Phone: 0432 921 818

<https://deepmindfulnessyoga.com.au/>

Eaglehawk Hearing Clinic

Locally Owned Hearing Service
13 High Street, Eaglehawk
Phone: 5446 3399

Eaglehawk Medical Group

Your Local Doctors
87 Victoria Street, Eaglehawk
Phone: 5446 3499

Eaglehawk UFS Pharmacy

Save Shopping Locally
50 High Street, Eaglehawk
Phone: 5446 8203

Remembrance Parks

5 Victoria Street, Eaglehawk
Phone: 1300 266 561

The Massage Shop

406 Eaglehawk Road, Eaglehawk
Phone: 5446 3049

Tristar Medical Group

Bulk Billing
13-21 Peg Leg Road, Eaglehawk
Phone: 5446 7755

Sport & Recreation

Eaglehawk Athletics Club

38 Havlin Street West, Bendigo
Phone: 0417 881 442

Eaglehawk Bowling Club Inc

Lot 3 Simpsons Rd, Eaglehawk
Phone: 5446 8515

Eaglehawk Citizens Brass Band

27 Peg Leg Road, Eaglehawk
Phone: 0400 590 350

Eaglehawk District Tennis Assoc.

Coaching, Social & Competitive Play
Phone: 0408 354 375

Eaglehawk Football & Netball Club

Amateur Mens & Women's Sport
Canterbury Park, Eaglehawk
Phone: 5446 8046

Peter Krenz Leisure Centre

22 Napier Street, Eaglehawk
Phone: 5446 9222



Education & Training

Axis Employment

56 Queen Street, Bendigo
Phone: 5441 400

California Gully Primary School

4/14 Staley Street, California Gully
Phone: 5446 8393

Eaglehawk Preschool

15 Bright Street, Eaglehawk
Phone: 5446 8691

Eaglehawk Primary School

Church Street, Eaglehawk
Phone: 5446 3722

Eaglehawk North Primary School

Franklin Street, Sailors Gully
Phone: 5446 8366

Eaglehawk Secondary College

Reserve Street, Eaglehawk
Phone: 5446 8099

Lightning Reef

Early Learning Centre
74 Holmes Road, Bendigo
Phone: 5444 6666

Primary School

74 Holmes Road, Bendigo
Phone: 5443 2501



FEED ME!!!



**Donations of Cat Food for Oscar our
Community House Cat would be very
much appreciated.**

**Eaglehawk Community House
19 Bright Street, Eaglehawk**

Phone: 5446 8322



Neangar Preschool

24 Watsons Avenue, Eaglehawk
Phone: 5446 9767

St Liborius Primary School

379 Eaglehawk Road, Eaglehawk
Phone: 5446 9172

The Personnel Group

2/59 King Street, Bendigo
Phone: 5410 0032

Community

Eaglehawk Heritage Society

Museum & Research Centre
Sailors Gully Rd, Eaglehawk
Phone: 5446 9528

Eaglehawk Library

Tuesdays, Fridays & Saturdays
Next to Eaglehawk Town Hall
Phone: 5446 7377

Rotary Club of Eaglehawk

Service Above Self
P.O Box 52, Eaglehawk
Ph. 0417 562 952

Star Cinema

Eaglehawk Town Hall
Phone: 5446 2025

Y Service Club of Eaglehawk

YMCA Social Club
C/- Peter Krenz Leisure Centre
Phone: 5446 8193

Our Local Members

Cnr. Andrea Metcalf

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0499 009 096

Cnr. David Fagg

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0437 892 918

Jacinta Allan MP

Member For Bendigo East
107a Mitchell Street, Bendigo
Phone: 5443 2144

Cnr. Julie Sloan

City of Greater Bendigo
15 Hopetoun Street, Bendigo
Phone: 0437 862 975

Lisa Chesters MP

Federal Member For Bendigo
Cnr Williamson & Myers St, Bendigo
Phone: 5443 9055

Maree Edwards MP

Member For Bendigo West
16 Lockwood Road, Kangaroo Flat
Phone: 5410 2444



Neighbourhood Houses

Eaglehawk Community House

Monday - Friday 9:00am to 3:00pm
19 Bright Street, Eaglehawk
Phone: 5446 8322

Kangaroo Flat Community House

Monday - Thursday 9:00am to 3:00pm
56 Thomas Street, Kangaroo Flat
Phone: 5447 9687

Bendigo Neighbourhood Hub

Monday - Friday 9:00am to 4:00pm
155 Crook Street, Strathdale
Phone: 5441 2515

Long Gully Neighbourhood Centre

Monday - Thursday 9:00am to 4:00pm
52-54 Derwent Drive, Long Gully
Phone: 5442 1165 or 5443 0098

Marong Neighbourhood Centre

Open Monday to Thursday

39 High Street, Marong
Phone: 5435 2486



Congratulations to all of our category winners!

- Business of the Year – Bendigo Pottery
- Customer Focussed - Lively
- Diverse and Inclusive Workplace - Spotless
- Emerging and Energised - Treehouse Paediatrics
- Community Minded - Discovery Centre
- Health and Care - Eaglehawk UFS Dispensary
- Hospitality Excellence - The Cambrian
- Manufacturing and Innovation - Bendigo Pottery
- Professional Services Firm - Square V
- Regional Women's Business Award - Greta Donaldson (Bendigo Brittle)
- Retail Experience - Muffin Break Lansell Square
- Small and Succeeding - Munari Wines
- Not for profit – Community Impact - Eaglehawk Community House
- Trade Specialist - MSD Security and Data
- Young and Professional - Sarah Gee – Curium Legal



Business
Excellence
Awards

BE.BENDIGO

 **Bendigo Bank**